

Leave the page to check the page

1

Stop

Notice your reaction. Strong feelings are a cue to slow down.

2

Who made this?

Search the account, outlet or group. What do others say about them?

3

Find the original

Look for the full clip, the full post, the full document.

4

Compare coverage

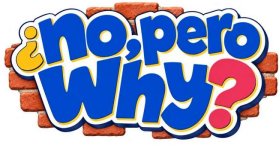
What do two or three other sources say?



*Before you
share it, open
a new tab.*

Try saying

- “The original says...
- “I couldn’t confirm...
- “Another source reports...



Claim. Evidence. Reasoning.

1

Claim

What you think is true. One sentence someone could disagree with.

2

Evidence

The specific thing you can point to: a quote, a number, a document, a timestamp.

3

Reasoning

Why that evidence supports the claim. The “because” in your head, written down.

4

Limit

What the evidence can’t show yet.



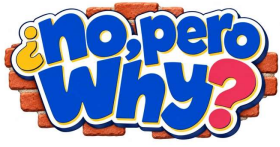
*Okay, but how
do you know?*

Try saying

“I think... because...”

“This shows... but it doesn’t show...”

“If this were true, we’d also expect...”



What kind of rule is it?

1

Law

Passed by a legislature or set by courts. Applies to everyone in that place.

2

Regulation

Written by a government agency to carry out a law.

3

Policy

An organisation's own rule: a school, a company, a platform.

4

Norm or ethics code

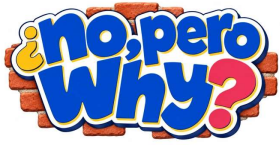
An expectation a group holds itself to. Not enforced by a court.



*Find the rule
before you
argue about it.*

Try saying

- “This rule comes from...”
- “The person who can change it is...”
- “This is a policy, not a law, so...”



Who actually gets to decide?

1

The decider

Which person, board or office has the power? What gives it that power?

2

The influencers

Who can shape the decision: voters, parents, reporters, students, advocates?

3

The affected

Who lives with the result, and were they in the room?

4

The door in

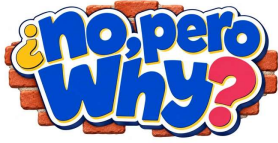
A meeting, a comment period, a vote, a complaint, a story.



Follow the decision to the person who makes it.

Try saying

- “The decision is made by...”
- “People who aren’t in the room include...”
- “The best place to push is...”



A correction people can use

1

What we said

Name the claim plainly, without repeating the rumour in the headline.

2

What's accurate

State the fact, with where it came from.

3

What to do now

The time, the place, the door, the link: whatever people need to act.

4

When we'll update

Say when you'll check back, even if nothing changes.



*Say what
changed, then
what to do now.*

Try saying

- “Update:...”
- “Earlier we said... The accurate information is...”
- “We'll update again at...”



Say the relationship

1

Is there a connection?

Money, free product, a discount, a family or business tie.

2

Say it clearly

Use plain words people understand, like “ad” or “sponsored”.

3

Say it where people will see it

In the video and the caption, before the recommendation, not buried in hashtags.

4

Keep your honest opinion

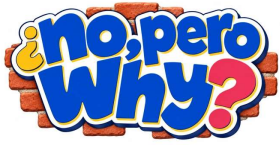
Disclosure explains the context. It doesn't change what you think.



*Liking it and
being paid can
both be true.*

Try saying

- “I was paid by...”
- “They sent me this for free...”
- “My honest take is...”



How a case moves

1

A moment

Something people saw, shared or argued about.

2

A question

The one worth investigating.

3

The evidence

What we can actually look at, and what's missing.

4

Your call

A decision, or something you make.

5

Feedback

What your choice changes, and for whom.

6

Real world

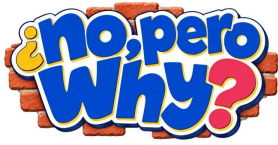
Where this decision really gets made.



*Start with the
moment. End
with a move.*

Try saying

- “The moment was...
- “The question worth asking is...
- “My call is... because...



Six moves, six companions

1

Lupa: evidence

What's the original? What got cropped?

2

Duda: questions

What don't we know yet?

3

Pauta: rules

Which rule applies, and who wrote it?

4

Onda: impact

Who feels this, and how?

5

Nexo: connections

What bigger system is this part of?

6

Voz: next steps

What will you do with what you found?



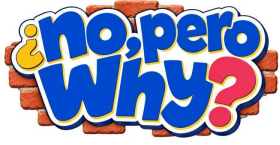
*Pick a move when
you're stuck.*

Try saying

“Lupa would ask...”

“Onda would notice...”

“Voz would say the next step is...”



Talk moves for a real discussion

1

Build

I want to add to what ___ said...

2

Question

What makes you think that?

3

Challenge

I see it differently, because...

4

Revise

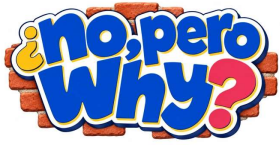
I used to think ___, but now I think...



*Disagree with
the idea, not
the person.*

Try saying

- “Can you say more about...?”
- “Where in the evidence do you see that?”
- “Who might see this differently?”



From noticing to doing

1

Notice

Something isn't working, or isn't fair. Write down exactly what.

2

Find out

Who decides? What's the rule? Who else is affected?

3

Ask

A question to the right person: a teacher, an office, a council member.

4

Show up

A meeting, a comment, a club, a petition, a story.

5

Follow up

Ask what changed. Share what you learned.



*Small steps
count. Safe
steps first.*

Try saying

- "I noticed..."
- "Who can I ask about...?"
- "Here's what changed since..."