

Take a safe first step



Use this when you want to fix a problem at school or in town.

- 1

Notice
Write down exactly what is not working, and for whom.
- 2

Find out
Find who decides and what rule applies.
- 3

Ask
Ask the right person one clear question.
- 4

Show up
Go to a meeting or join a group, with a trusted adult.
- 5

Follow up
Ask what changed, and share what you learned.

Example from Case 1

- 1

A cropped clip spread faster than the full meeting update.
- 2

Mateo finds out who posts the Common Room’s updates.
- 3

He asks: “Where do room changes appear first?”
- 4

At the next room meeting, the crew asks for a link to the full update in every post.
- 5

A week later, Mateo asks what changed.

⚠ Watch out: Keep private chats private. Do not share other people’s names or messages.



Sentence frames

I noticed ____.
Who decides ____?
Since we asked, ____ changed.

